

TWO MEDICAL TREATISES

(A) KITĀB-I SULṬĀNIYA

BEGINNING (after *basmala*).

بَلِكَلِ كِم بُو كِتَابِي اَوْن دَوْرَت بَاب اَوْرَه يَزْدَم وَهْم اَدِي سُلْطَانِيَه قُودَم

AUTHOR. According to the former owner's label, Hājji-pasha (?).

TITLE. CONTENTS. *Kitāb-i sulṭāniya* on dietetics, in fourteen chapters with five additional chapters.

F. 3*b*. Chapter i on food.

F. 10*b*. Chapter ii on various kinds of waters.

F. 12*a*. Chapter iii on exercise (*ḥarakat*) and rest.

F. 14*a*. Chapter iv on preserving the eyes and on collyriums.

F. 14*b*. Chapter v on preserving the ears.

F. 15*a*. Chapter vi on sleep.

F. 15*b*. Chapter vii on vomiting.

F. 18*a*. Chapter viii on diarrhoea and constipation.

F. 19*b*. Chapter ix on baths.

F. 22*a*. Chapter x on sexual intercourse.

F. 24. Chapter xi on corroborants.

F. 26*b*. Chapter xii on the four seasons of the year.

F. 28*a*. Chapter xiii on various kinds of foods.

F. 33*b*. Chapter xiv on various kinds of drinks, on preparations from grains, on enemas.

F. 40*b*. Chapter xv on exhilarants.

F. 41*b*. Chapter xvi on stomachics (*javārishāt*).

F. 43*b*. Chapter xvii on electuaries (*mā'jūn*).

F. 45*a*. Chapter xviii on dye-stuffs for the hair.

F. 46*a*. Chapter xix on dentifrices.

DATE. Finished in Adrianople in the middle of Rabī' I 848/beginning of July 1444.

(B) AL-TAS'HIL FIL-ṬIBB

BEGINNING (after *basmala*, &c.). چُون بَلَدْمَكِه خَيْر النَّاسِ مِنْ يَنْفَع النَّاسِ

AUTHOR. Judging by the style, the author of (A) and (B) is the same person.

TITLE. CONTENTS. *al-Tas'hil fil-ṭibb* 'Relief for Medicine', a manual of the type of 'one's own doctor'; f. 46*b*. Recipe of a salve for incurables; f. 47*b*. The true beginning of the Manual which is divided into three parts: Part I: first chapter: on medical theory (f. 48*a*); second chapter: on medical practice. Part II: on food, drink, and remedies (f. 51*b*). Part III: causes and symptoms of ailments (f. 59*b*). At the end some recipes (slightly defective owing to the folios having been trimmed).

SIZE. FOLIOS. 18 × 13.4 cm.; written surface 12.5 × 8 cm.; 13 lines; 118 folios.

SCRIPT. PAPER. Naskh (text vocalized throughout). A very neat script. Red ink headings. Cream-toned paper.

BINDING. Dark red leather. Marble-paper cover with medallion and pendants sunk on gold ground; within the lozenges and circles inscription: 'Made by Mullā Muḥammad Dhākir, the book-binder, in 1066/1656 and in 1077/1666 (?)'; flap. Inside, yellow paper.

SCRIBE. DATE. No colophon. Late 16th century (?).

PROVENANCE. Seal of Muḥammad Qurd ibn (?) 'Abdullāh, A.H. 1007/A.D. 1598: يَكْ ذَرَّه عَنَايَتِ الْهَبِي ۞ بَهْتَر ز هزار پادشاهی